October 2018

Memorial School
Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Assorted Cereal • Assorted Fruit 100% Fruit Juice • Milk Variety	**2** • Bagel with Cream Cheese • Assorted Fruit 100% Fruit Juice • Milk Variety	**3** • Pancakes with Syrup • Assorted Fruit 100% Fruit Juice • Milk Variety	**4** • Egg & Cheese on English Muffin • Assorted Fruit 100% Fruit Juice • Milk Variety	**5** • Assorted Cereal with Graham Crackers • Assorted Fruit 100% Fruit Juice • Milk Variety
8 Columbus Day-No School	**9** • Bagel with Cream Cheese • Assorted Fruit 100% Fruit Juice • Milk Variety	**10** • Waffles with Syrup • Assorted Fruit 100% Fruit Juice • Milk Variety	**11** • Bacon, Egg & Cheese on a Croissant • Assorted Fruit 100% Fruit Juice • Milk Variety	**12** • Assorted Cereal with Graham Crackers • Assorted Fruit 100% Fruit Juice • Milk Variety
15 • Assorted Muffin with Graham Crackers • Assorted Fruit 100% Fruit Juice • Milk Variety	**16** • Bagel with Cream Cheese • Assorted Fruit 100% Fruit Juice • Milk Variety	**17** • Waffles with Syrup • Assorted Fruit 100% Fruit Juice • Milk Variety	**18** • Bacon, Egg & Cheese on a Croissant • Assorted Fruit 100% Fruit Juice • Milk Variety	**19** • Assorted Cereal with Graham Crackers • Assorted Fruit 100% Fruit Juice • Milk Variety
22 • Assorted Muffin with Graham Crackers • Assorted Fruit 100% Fruit Juice • Milk Variety	**23** • Bagel with Cream Cheese • Assorted Fruit 100% Fruit Juice • Milk Variety	**24** • Waffles with Syrup • Assorted Fruit 100% Fruit Juice • Milk Variety	**25** • Bacon, Egg & Cheese on a Croissant • Assorted Fruit 100% Fruit Juice • Milk Variety	**26** • Assorted Cereal with Graham Crackers • Assorted Fruit 100% Fruit Juice • Milk Variety
29 • Assorted Muffin with Graham Crackers • Assorted Fruit 100% Fruit Juice • Milk Variety	**30** • Bagel with Cream Cheese • Assorted Fruit 100% Fruit Juice • Milk Variety	**31** • Waffles with Syrup • Assorted Fruit 100% Fruit Juice • Milk Variety		

Menus are Subject to Change The nutrient information is based on the manufacturer's food labels and may be subject to change without warning. For Carbohydrate Counts for food items, please visit www.maschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

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