

January 2019

Memorial School Breakfast

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|---|---|
| | 1 New Year's Day - No School | 2 • Waffles with Syrup • Assorted Fruit • 100% Fruit Juice • Milk Variety | 3 • Bacon, Egg & Cheese on a Croissant • Assorted Fruit • 100% Fruit Juice • Milk Variety | 4 • Assorted Cereal with Graham Crackers • Assorted Fruit • 100% Fruit Juice • Milk Variety |
| 7 • Assorted Muffin with Graham Crackers • Assorted Fruit • 100% Fruit Juice • Milk Variety | 8 • Bagel with Cream Cheese • Assorted Fruit • 100% Fruit Juice • Milk Variety | 9 • Waffles with Syrup • Assorted Fruit • 100% Fruit Juice • Milk Variety | 10 • Bacon, Egg & Cheese on a Croissant • Assorted Fruit • 100% Fruit Juice • Milk Variety | 11 • Assorted Cereal with Graham Crackers • Assorted Fruit • 100% Fruit Juice • Milk Variety |
| 14 • Assorted Muffin with Graham Crackers • Assorted Fruit • 100% Fruit Juice • Milk Variety | 15 • Bagel with Cream Cheese • Assorted Fruit • 100% Fruit Juice • Milk Variety | 16 • Waffles with Syrup • Assorted Fruit • 100% Fruit Juice • Milk Variety | 17 • Bacon, Egg & Cheese on a Croissant • Assorted Fruit • 100% Fruit Juice • Milk Variety | 18 • Assorted Cereal with Graham Crackers • Assorted Fruit • 100% Fruit Juice • Milk Variety |
| 21 MLK Day - No School | 22 • Bagel with Cream Cheese • Assorted Fruit • 100% Fruit Juice • Milk Variety | 23 • Waffles with Syrup • Assorted Fruit • 100% Fruit Juice • Milk Variety | 24 • Bacon, Egg & Cheese on a Croissant • Assorted Fruit • 100% Fruit Juice • Milk Variety | 25 • Assorted Cereal with Graham Crackers • Assorted Fruit • 100% Fruit Juice • Milk Variety |
| 28 • Assorted Muffin with Graham Crackers • Assorted Fruit • 100% Fruit Juice • Milk Variety | 29 • Bagel with Cream Cheese • Assorted Fruit • 100% Fruit Juice • Milk Variety | 30 • Waffles with Syrup • Assorted Fruit • 100% Fruit Juice • Milk Variety | 31 • Bacon, Egg & Cheese on a Croissant • Assorted Fruit • 100% Fruit Juice • Milk Variety | |

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Menus are Subject to Change The nutrient information is based on the manufacturer's food labels and may be subject to change without warning. For Carbohydrate Counts for food items, please visit www.maschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

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