

May 2019

Memorial School Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

- Beef Hot Dog on a Bun
- Veggie Dippers
- Onion Rings
- Milk Variety
- Assorted Fresh or Chilled Fruit
- Swap Out**
- Turkey and Cheese Sandwich

2

- Nacho Bar
- Rice and Beans
- Churro
- Fruit Smoothie Sample
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Swap Out**
- Crispy Chicken Salad

3

- Leo's Pizza
- Freshly Prepared Italian House Salad
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Swap Out**
- Breaded Chicken Patty on a Bun

6

- California Burger on a Bun
- French Fries
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Swap Out**
- All-Natural Beef Hot Dog on a Bun

7

- Chicken Nuggets
- Soft Pretzel Sticks
- Tater Tots
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Swap Out**
- Italian Sub

8

- New Item!
- Italian Sampler with
- Breaded Ravioli and Mozzarella Sticks with Marinara Sauce
- Veggie Dippers
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Swap Out**
- Turkey and Cheese Sandwich

9

- Breakfast for Lunch
- Waffles
- Breakfast Sausages
- Sweet Potato Waffle Fries
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Swap Out**
- Crispy Chicken Salad

10

- Leo's Pizza
- Freshly Prepared Caesar Salad
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Swap Out**
- Breaded Chicken Patty on a Bun

13

- Meatless Monday
- Grilled Cheese Sandwich
- Vegetable Medley
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Swap Out**
- All-Natural Beef Hot Dog on a Bun

14

- Roast Chicken
- Vegetable Medley
- Mashed Potatoes
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Swap Out**
- Italian Sub

15

- New Item!
- Mac & Cheese
- Cornbread Muffin
- Green Beans
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Swap Out**
- Turkey and Cheese Sandwich

16

- Crispy Chicken Sandwich
- Steamed Corn
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Swap Out**
- Crispy Chicken Salad

17

- Leo's Pizza
- Freshly Prepared Italian House Salad
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Swap Out**
- Breaded Chicken Patty on a Bun

20

- Breakfast for Lunch
- French Toast Sticks
- Breakfast Sausage
- Oven Baked Sweet Potato Fries
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Swap Out**
- All-Natural Beef Hot Dog on a Bun

21

- Popcorn Chicken
- with Rice
- Vegetable Medley
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Swap Out**
- Italian Sub

22

- Pasta with Meatballs
- Freshly Prepared Tossed Salad
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Swap Out**
- Turkey and Cheese Sandwich

23

- Chicken Nacho Platter with Chicken, Tortilla Chips, Shredded Cheddar Cheese, Lettuce, Tomatoes and Salsa
- Southwestern/Fiesta Corn
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Swap Out**
- Crispy Chicken Salad

24

- Leo's Pizza
- Freshly Prepared Spring Mix Salad
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Swap Out**
- Breaded Chicken Patty on a Bun

27

Memorial Day - No School

28

- Indoor BBQ
- BBQ Chicken
- BBQ Baked Beans
- Creamy Coleslaw
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Swap Out**
- Italian Sub

29

- New Item!
- Breakfast for Lunch
- Confetti Pancakes
- Breakfast Sausages
- Hash Brown Rounds
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Swap Out**
- Turkey and Cheese Sandwich

30

- Cheeseburger on a Bun
- Battered French Fries
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Swap Out**
- Crispy Chicken Salad

31

- Leo's Pizza
- Tossed Salad
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Swap Out**
- Breaded Chicken Patty on a Bun

Harvest Market: Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily

Daily SWAP Outs: Peanut Butter and Jelly Sandwich, Bagel Bag w/ Yogurt & Cheese

All Meals Served All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice.

Nutrition Info K-8 Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Menus are Subject to Change The nutrient information is based on the manufacturer's food labels and may be subject to change without warning. For Carbohydrate Counts for food items, please visit www.maschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

EOE Statement Maschio's Food Services, Inc. is an Equal Opportunity Employer.

Layout, design & code © Nutrislice, Inc. Private and non-commercial uses permitted.
This Institution is an equal opportunity provider.