



Memorial School Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
<p><i>Lunch Prices</i></p> <ul style="list-style-type: none"> • Student Lunch: \$3.05 • Reduced Lunch: \$0.00 • Adult Lunch: \$3.40 			<ul style="list-style-type: none"> • Cereal Bag • or Turkey & Cheese on a Kaiser Vegetable of the Day 	<ul style="list-style-type: none"> • Bagel Bag w/ Cheese • or Ham & Cheese on Croissant Vegetable of the Day
	7	8	9	10
<p>Labor Day - No School</p>	<ul style="list-style-type: none"> • Cereal Bag • or Turkey & Cheese on a Kaiser with Vegetable of the Day 	<ul style="list-style-type: none"> • Bagel Bag w/ Cheese • or Italian Sub with Vegetable of the Day 	<ul style="list-style-type: none"> • Cereal Bag • or Ham & Cheese on Croissant Vegetable of the Day 	<ul style="list-style-type: none"> • Bagel Bag w/ Cheese • or Turkey & Cheese on a Kaiser Vegetable of the Day
	14	15	16	17
<ul style="list-style-type: none"> • Bagel Bag w/ Cheese • or Turkey & Cheese on a Kaiser with Vegetable of the Day 	<ul style="list-style-type: none"> • Cereal Bag • or Ham & Cheese on Croissant Vegetable of the Day 	<ul style="list-style-type: none"> • Bagel Bag w/ Cheese • or Italian Sub with Vegetable of the Day 	<ul style="list-style-type: none"> • Cereal Bag • or Ham & Cheese on Croissant Vegetable of the Day 	<ul style="list-style-type: none"> • Bagel Bag w/ Cheese • or Turkey & Cheese on a Kaiser Vegetable of the Day
	21	22	23	24
<ul style="list-style-type: none"> • Bagel Bag w/ Cheese • or Turkey & Cheese on a Kaiser with Vegetable of the Day 	<ul style="list-style-type: none"> • Cereal Bag • or Ham & Cheese on Croissant Vegetable of the Day 	<ul style="list-style-type: none"> • Bagel Bag w/ Cheese • or Italian Sub with Vegetable of the Day 	<ul style="list-style-type: none"> • Cereal Bag • or Ham & Cheese on Croissant Vegetable of the Day 	<ul style="list-style-type: none"> • Bagel Bag w/ Cheese • or Turkey & Cheese on a Kaiser Vegetable of the Day
	28	29	30	
<ul style="list-style-type: none"> • Bagel Bag w/ Cheese • or Turkey & Cheese on a Kaiser with Vegetable of the Day 	<ul style="list-style-type: none"> • Cereal Bag • or Turkey & Cheese on a Kaiser Vegetable of the Day 	<ul style="list-style-type: none"> • Bagel Bag w/ Cheese • or Italian Sub with Vegetable of the Day 	<p><i>All Meals Served All Meals are Served with the Vegetable of the Day and/or a Selection from Mac's Veggie Patch, Assorted Fresh or Chilled Fruit of the Day, and Low Fat Milk Choice.</i></p>	

Menus are Subject to Change Please note Maschio's Nutrislice carbohydrate counts are calculated using an average of our most used products. Maschio's Food Services nutrient information is based on the most updated manufacturer's food labels available and may be subject to change without warning. For Carbohydrate Counts for food items, please visit www.maschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

EOE Statement Maschio's Food Services, Inc. is an Equal Opportunity Employer.

Nutrition Info K-5. Our well-balanced lunches available for the week, average between 550-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat. Menus are Subject to Change. Please note Maschio's Nutrislice carbohydrate counts are calculated using an average of our most used products. Maschio's Food Services nutrient information is based on the most updated manufacturer's food labels available and may be subject to change without warning. For Carbohydrate Counts for food items, please visit www.maschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

MASCHIO'S IS AN EQUAL OPPORTUNITY PROVIDER.

QUESTIONS OR COMMENTS?
Please call us at (973) 598-0005 to speak to one of Maschio's registered dietitians.

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Healthy meals grow
healthy kids!