



OCTOBER

Memorial School Lunch

MONDAY

- Lunch Prices**
 • Student Lunch: \$0.00
 • Reduced Lunch: \$0.00
 • Adult Lunch: \$3.40

TUESDAY

Harvest Market:
 Fresh Vegetables, Featured
 Salads, Bean Salad, or
 Veggie Dippers Available
 Daily

WEDNESDAY

- Daily SWAP Outs:**
 • Bagel Bag w/ Yogurt &
 Cheese

THURSDAY

*All Meals Served All Meals are
 Served with the Vegetable of
 the Day, Assorted Fresh or
 Chilled Fruit of the Day, and
 Low Fat Milk Choice Where
 Available*

FRIDAY

- 1**
- Pizza Bagels
 - Freshly Prepared Maschio's House Salad
 - Strawberry Lemonade Sorbet
 - Milk Variety
 - Daily Maschio's Swap Out**
 - Turkey and Cheese Sandwich

4

- Vegetable Empanada with Queso
- Churro
- Southwestern/Fiesta Corn
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Daily Maschio's Swap Out**
- Italian Sub or Hoagie

5

- All Natural Beef Hot Dog on a Bun
- Tater Tots
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Daily Maschio's Swap Out**
- Turkey and Cheese Sandwich

6

- Pasta with Meat Sauce
- Garlic Breadstick
- Roasted Parmesan Broccoli
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Daily Maschio's Swap Out**
- Ham and Cheese Sandwich

7

- Dinner Roll
- Popcorn Chicken
- Smile Fries
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Daily Maschio's Swap Out**
- Italian Sub or Hoagie

8

- Personal Pizza
- Freshly Prepared Cucumber & Tomato Salad
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Daily Maschio's Swap Out**
- Turkey and Cheese Sandwich

11



No School

12

- Corn Dog Nuggets
- Sweet Potato Fries
- Strawberry Lemonade Sorbet
- Milk Variety
- Daily Maschio's Swap Out**
- Turkey and Cheese Sandwich

13

- Macaroni & Cheese with a Whole Grain Side
- Green Beans
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Daily Maschio's Swap Out**
- Ham and Cheese Sandwich

14

- Grilled Cheese Sticks
- Minestrone Soup
- Fresh Veggie Dippers
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Daily Maschio's Swap Out**
- Italian Sub or Hoagie

15

- NY Style Pizza
- Freshly Prepared Garden Salad
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Daily Maschio's Swap Out**
- Turkey and Cheese Sandwich

18

- Cheeseburger on a Bun
- Battered French Fries
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Daily Maschio's Swap Out**
- Italian Sub or Hoagie

19

- New Recipe
- Crispy Chicken on a Biscuit
 - Creamy Coleslaw
 - Assorted Fresh or Chilled Fruit
 - Milk Variety
 - Daily Maschio's Swap Out**
 - Turkey and Cheese Sandwich

20

- Ham and Cheese on a Pretzel Bun
- BBQ Baked Beans
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Daily Maschio's Swap Out**
- Ham and Cheese Sandwich

21

- Meatball Parm Hero
- Broccoli Italiano
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Daily Maschio's Swap Out**
- Italian Sub or Hoagie

22

- Pizza Crunchers with Marinara Sauce
- Cucumber Coins
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Daily Maschio's Swap Out**
- Turkey and Cheese Sandwich

25

- Halloween Celebration!
- Chicken Nuggets
 - Pumpkin Pretzel
 - Maple Cinnamon Carrots
 - Assorted Fresh or Chilled Fruit
 - Milk Variety
 - Daily Maschio's Swap Out**
 - Italian Sub or Hoagie

26

- Cheesesteak Hero with Sauteed Peppers & Onions
- Seasoned French Fries
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Daily Maschio's Swap Out**
- Turkey and Cheese Sandwich

27

- Breakfast for Lunch!
 New Recipe!
- Sausage, Egg, & Cheese on a Kaiser Roll
 - Tater Tots
 - Assorted Fresh or Chilled Fruit
 - Milk Variety
 - Daily Maschio's Swap Out**
 - Ham and Cheese Sandwich

28

- Scoop A Bowl with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomatoes and Salsa
- Steamed Rice
- Steamed Corn
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Daily Maschio's Swap Out**
- Italian Sub or Hoagie

29

- Cheese Pizza
- Freshly Prepared Spring Mix Salad
- Assorted Fresh or Chilled Fruit
- Milk Variety
- Daily Maschio's Swap Out**
- Turkey and Cheese Sandwich