

75 yard swim.

2 mile bike.

1/2 mile run.



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7th Annual Inclusive Youth Triathlon ~ Parkland HS ~ June 25, 2022

Register online at www.triforinclusion.org

Participation medals for ALL finishers. Placement medals for top three in every category.

Register by 5/31 to be guaranteed an event shirt and avoid \$10 late registration fee.

USAT-Sanctioned Event. **USA TRIATHLON** \$10 child/\$15 adult USA Triathlon membership due at registration.

try
a tri



Simple registration.
USAT membership only.
No additional registration fee!

Mikayla's Voice Tri for Inclusion is much more than a race. It is a priceless opportunity for all children and young adults, and an important message for our community. Competitive and recreational athletes, first time triathletes, and those challenged with physical, intellectual, and multiple disabilities race together side-by-side as they show our entire community that we can always find a way to include everyone. Please visit www.triforinclusion.org to register, volunteer, or sponsor this event.

trias
a team

- Individual event.
- Child with or without a (dis)ability.
- Swim, bike AND run.
- No assistants.
- Chaperone allowed.

- Team event.
- Captain must have a (dis)ability.
- Swim, bike OR run.
- Teammates needed.
- Assistants allowed.
- Chaperone allowed.

because no one should be left on the sidelines.

Tri for Inclusion is presented by Mikayla's Voice and Lehigh Valley IronPigs Charities.

Mikayla's **voice**® ...inspiring kids of all abilities to share the message of inclusion.

